

The Separated Ego

1997-06-13

- 1997-0613-001 Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. I am the one known as Jeshua ben Joseph—Jesus, you have called me, and other very intimate beloved names—and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth.
- 1997-0613-002 Always, beloved ones, great joy, for that is the truth of your being; that place of expanded joy, expanded love, yes, as it has been called, but more than what you would call and know as human love; the place of unlimited being. Which is joy, is it not? If there is freedom unbounded, what comes from that acknowledgment of freedom unbounded? It is joy of being. And in this plane you may manifest it as joy of expression; to be in joy; to know yourself not limited by any of the words of the world; none of the images of the world; nothing that a brother or a sister will say to define you.
- 1997-0613-003 You cannot be defined; not in human concepts, not in human terms. You are beyond all definition. You are I Am That I Am, beyond anything that you will define, that you will even imagine.
- 1997-0613-004 And yet the imagination is a grand tool, for it allows you to go beyond what you see as the separate personality. It allows you to go beyond what you see as the body; to say, "Well, there is this. This is me." And yet you are more than that, and when you allow yourself to use the tool of imagination you throw off all of the constraints of limited self-image and you play with, "How does it feel to be even beyond infinite? How does it feel to be loved, so loved that nothing that I have ever done has been judged, has been wrong."
- 1997-0613-005 Beloved ones, nothing that you have ever done or chosen to do has been wrong or a mistake, sinful. Never. It has been a free choice for the experience of it, and you are wealthy in experience.
- 1997-0613-006 Sometimes the experiences that you have manifested for yourself you have judged to be not so happy, but in truth, they are as divine as the choices that you make that then are judged to be wonderful, happy choices. Every experience that you bring forth you may bless and honor as your creative gift to yourself.
- 1997-0613-007 Do not get caught up in the judgment of the world that says, "Well, this is a good experience, or this is a bad experience." Allow yourself to say, "Look how creative I am, wondrous being that I am. Look what I have brought forth," perhaps using the tool of imagination and going beyond what has been just described and proscribed for you. Perhaps this has a gift in it.

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- 1997-0613-008 For indeed, everything that you experience has a gift in it. Otherwise you would not have brought it forth in order to experience it and to know it. And everything that you experience is wondrous.
- 1997-0613-009 But you will look upon it with the eyes of the newborn, the eyes of innocence, the eyes that do not judge with old habitual judgment, but the eyes such as those of the newborn who looks there and looks around at the wonderful world that it is creating, manifesting, and says, "What is this all about? What wondrous gift have I been given?"
- 1997-0613-010 Every day is that for you. It is a wondrous gift, and all of the experiences in that day, if you will receive it, are wondrous gifts.
- 1997-0613-011 Now, I would speak with you in this evening about something that you have brought forth in the adventure of the holy Child that gives rise to the judgment that would say that this is good or this is not good. I would speak with you about the separated ego.
- 1997-0613-012 When you chose to have an adventure to bring forth expression upon this plane, and other planes as well, in this reality ego knew itself to be One with the Father. Ego was not separated. Ego knew connection with the Father.
- 1997-0613-013 I will use the term "Ego" here with a capital "E"; not the small "e", but the Ego of the I Am. Now, ego with the small "e" has been talked about aplenty and has been given much of judgment, much of the embattlement, much of the advice as to how to handle ego, how to fight it, how to deny it.
- 1997-0613-014 And we have spoken often of the purpose of ego—small "e"—the separated ego. The separated ego you have brought forth in order to give you a message. It is a messenger. It is your servant. It speaks to you of what you are believing in that moment. As you will look upon a circumstance or experience, there will be the voice of ego that speaks to you in judgment of yourself and of others.
- 1997-0613-015 Ego is your messenger. It is speaking to you of your belief and the image that you hold of yourself and others in that moment. That is its purpose. That is its role. It does not have energy to trip you up. It does not have energy to send you into the depths of hell. It does not have energy to send you to the farthest place of the void where you would never find your way back. You may choose that according to what you believe the message of the ego to be. And you may find yourself temporarily in a place you will call hell or in a place that you will call the void of nothingness.
- 1997-0613-016 But in truth, the creative Child, the holy Child can never be lost in the void forever. It can be lost temporarily in the belief that it is lost and then will find its way to the acknowledgment that it is already Home and already always has been Home.

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- 1997-0613-017 Separated ego is what brings you to the place of constriction, brings you to the place of sorrow, the place where you feel guilt where, "Perhaps I have chosen wrongly." Separated ego will speak to you that you are far from the Father's kingdom and that you have been abandoned; that you have sinned originally a great, great sin and have been cast out by the Father, cast so far out to the void that you will never find your way back. And separated ego speaks to you that you are lost and must be saved.
- 1997-0613-018 But beloved ones, you are the ones who have brought forth the idea of the separated ego in the first place. You are the ones who play with separated ego. You are the ones now who are choosing to say, "Separated ego has served me in my journey. Now I am exchanging it to know the true Ego of my Self, the I Am that is from before time." And that, beloved brother, brings forth great joy to the heart, does it not?
- 1997-0613-019 For in truth you have never been lost. You have played at being lost. You have played at being separated from brothers and sisters. Even now you play with the appearance of separation, for you activate bodies that have certain definition in your belief system and suggest to you that there is separation between this body and that body and this other one. And yet if you will receive it, you are energy. You are in each other's energy fields all the time. You are the energy that activates the seemingly separate bodies.
- 1997-0613-020 You are the energy that brings forth the chair upon which you put the seemingly separated bodies. You say that the chair is separate from you, and yet it is your energy that allows the chair to be in your reality, and you are not separate from it either.
- 1997-0613-021 You are not separate from anything of your creation. You are not separate from any of the brothers and sisters with whom you interact during the day. You have had glimpses, intuitive feelings of what was going on with a brother or a sister and you have tuned in and known what they were feeling, what they were about to say even before they said it.
- 1997-0613-022 How could you do that? As you are not separate, it has been said already in this evening that there is one Mind. There is, and you are all tuned into it as the energy fields that you are that interact one with another to the place of the acceptance of the Reality of you—capital "R"—where there is no separation even into what you would call separate energy fields.
- 1997-0613-023 Now, you have yet at this point of reality in the belief system...you will come with me as far as to say, "Yes, I am an energy field around the body that activates the body, but there must be a diminishing of the energy field somewhere, Jeshua. Out there far enough, it must diminish, and another one's energy field will diminish, and I can see how ones who are close to me would be in each other's

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energy field. That I can understand. I feel that sometimes with a brother or a sister as I sit next to them or I stand next to them. But surely, Jeshua, this diminishes in space."

- 1997-0613-024 In truth, it does not diminish at all. It is within your belief system yet in this reality that there would be a diminishment. But in truth, the energy that you are extends as far as the farthest universes and beyond. You are the ones who have brought it into the reality that you accept. You are the ones who have brought into that reality the idea of the universes, and you are much more than the universes.
- 1997-0613-025 Separated ego gives rise to the feeling of loss and sorrow when a loved one lays down the body. It does not take the energy field away, but lays down the body. The energy field is still where it has always been—with you, around you, in you. You are in it, interpenetrating as the one energy field.
- 1997-0613-026 That is why loved ones are still accessible to you even when they have released the body. You can feel their presence. You can feel their love. You can feel their energy. You can even feel the messages of communication as you trust it and as you ask for the message of communication. It grows.
- 1997-0613-027 In the next few years of your timing you are going to see more and more belief in communication with ones who have laid down the body and whom you do not see yet with the physical eyes. There is going to be more and more acceptance and trust that those ones are ever present with you—as they are—and that those ones are very much with you on the journey, as you call it, to the place of acknowledgment that separated ego is but a concept brought forth into part of the adventure.
- 1997-0613-028 The Ego of you, the I Am Ego is who and what you have always been and will always be, even beyond time. The Ego of you—capital "E"—is not separated. It knows itself to be One with the Father. It knows itself to Be. Full stop. Period. To Be.
- 1997-0613-029 The separated ego is what gives rise to the belief in victimhood, in a power outside of you. The separated ego is what gives rise to the belief in disease, where there would be something that the body will bring forth to attack you with. Separated ego says that you are not One with all of your creations, and separated ego then gives rise to great fear.
- 1997-0613-030 For if you are not One with all of your creations, if they have a separate energy of their own, that energy might possibly be more powerful than what you see yourself to be. And separated ego says, "Oh, oh. You'd better watch out. You'd better defend. You'd better take all of the vitamins, the herbs, all of the good food. You'd better seek out all of the experts for the body. You'd better save the golden coins and invest them wisely. You'd better make wise choices as to where

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to live; not too close to the energy fields of the great mountains that are about to spew forth the energy within them. Do not live too close to a fault in the crust of our holy Mother, the Earth."

- 1997-0613-031 Quite a choice of words: not too close to a fault. There is nothing wrong with the surface of our holy Mother, the Earth. It is all in perfect order, and even the movement thereof is divinely ordered, for it is not a fault.
- 1997-0613-032 Separated ego says you must watch out. Do not read the wrong books. Do not speak with the wrong people. Do not put yourself in an unsafe place. Do not think unsafe thoughts. "Oh, oh. I have a thought that says, 'Perhaps something bad will happen.' I'd better do a great ritual of turning around three times, much of the sacred words, and a bit of the holy water perhaps; something to cancel out that thought."
- 1997-0613-033 That thought you have brought forth in order to play with it. But in Truth, it does not have power over you. The only power it has over you is the power that you give to it in that moment of thinking that perhaps it would have power over you.
- 1997-0613-034 But you as the Ego, the true I Am Ego, do not have to worry. You do not have to worry. If you would know healing of the body, allow yourself to claim once again the I Am Ego and to know yourself as One with your creation, the body; to bless it, to thank it for what it is allowing you to do and even the nuisances of it, for you bring that into play in order to see how creative you are.
- 1997-0613-035 And do not fear the releasement of the body. Do not fear that it is going to be thrust upon you before you make choice to allow it to be released. It will not do you in. It cannot. It is your creation. You are One with that creation. You are the power, the energy that has brought it forth, and it will serve you until you decide to leave it behind as an old plaything and go on to something else.
- 1997-0613-036 It will not do you in as you would be a victim. That is separated ego that speaks and says, "Oh, oh, the body has a certain number of years on it. It is wearing out. I'd better watch out. I've had a pain. Do you think that's something I should worry about?" The separated ego says, "Yes, you had better worry about that."
- 1997-0613-037 And so you begin to worry about it, and you have seen what happens. It grows as the snowball grows, larger and larger and larger as you put the focus of your attention upon it. And what was temporarily a small glitch in the nervous system becomes then a focus of worrying, the same with any of the appearance of what happens with the body.
- 1997-0613-038 Now, there is a collective belief that the body will go through changes according to the number of years that you have used it. Most of the brothers and sisters adhere to this collective belief. You have accepted this collective belief in many,

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many, many lifetimes. Not all. Not all lifetimes. Hear that well. There have been lifetimes when you have lived a multitudinous amount of years in joy, in creativity until what you would know as your six hundred, nine hundred years in the timing of that lifetime, because you were so happy and so busy. You didn't have time to think of the body's aging. You didn't worry about it.

- 1997-0613-039 The focus of attention was upon the expression and the experience in that life, and you did not even think that perhaps the body would be aging and would not serve you. It wasn't within your consciousness or your ken; you didn't know it. So you have known lifetimes when the body did not age.
- 1997-0613-040 This lifetime many of you are "youthing", as you would call it, instead of aging. You are getting younger because you are shifting the focus and saying, "I enjoy life. I want to go roller blading. I want to get out there with the freedom of the holy Child and express as the child." When you do that with a true feeling of connecting with the child within, that holy Child, the body responds. It says, "Oh, she/he sees herself/himself as a child again; young; young at heart," and the body responds.
- 1997-0613-041 Separated ego then comes in around the edges. When you feel a bit tired, having exercised a bit, separated ego will say, "I told you so. Now you are tired. You have a few years on this body."
- 1997-0613-042 If you were to see the energy that activates the body when you are in joy expressing as the holy Child, when you are roller blading, for example, the radiance that activates the body is quite free and expansive.
- 1997-0613-043 If you were to have one of your specialized photographs taken at that time, you would see what is termed the aura around the body—quite brilliant, quite active. When you come home from that exercise and there is a muscle or two that speaks to you and you feel a bit tired, the separated ego says, "Aha, I told you so." If you had the specialized photograph taken at that time, you would notice a change in the radiance.
- 1997-0613-044 But when you are in a place of great joy, there is no thought for the constriction of the body. In truth, many times there is no thought for the body at all. You are beyond the body. You are in great unlimited joy, the expression of happiness, and the radiance then is free to express.
- 1997-0613-045 So if you would know healing of the body, call in the I Am Ego that you are. Claim once again your power of the true Ego and know that you have brought forth everything that you experience; not as judgment; not even as nuisance, but to have brought it forth for the sheer play of it and the creativity of it, and do not fear what you may choose later as the releasement of the body.

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- 1997-0613-046 A great percentage of the brothers and sisters go through a lifetime fearing death, fearing the releasement of the body, and every day is colored by the subtle belief that they are going to be asked at some point in time to release the body. And they ask, "What is it all about? Why am I here? If I am just here for a certain number of years, is it to be successful in my profession? Is it to earn a great heap of the golden coins? Is it to have certificates upon my wall and worldly acclaim? Is it to bring forth children and to nurture them? Is it to eat, drink, and be merry? Is it to have material possessions?"
- 1997-0613-047 And they have answered all of those questions, "No, that is not all that there is." And there is a great hunger, a homesickness, a longing within each and every brother and sister, a deep longing to know the true Ego; not the separated ego, but to come beyond the separated ego to the place of Oneness. That is what that longing is all about.
- 1997-0613-048 And if you will receive it, that is why you have brought forth this lifetime. It is to experience and truly know that I Am Ego that allows you this lifetime. It is to come past the illusion of the separated ego and not to be in judgment of self, because you have played with the concept of separated ego. If you are in judgment of self, you are still listening to the voice of separated ego.
- 1997-0613-049 Beloved ones, I would share with you that this lifetime is a time when you will be tested. You will be asked what you believe. You will be asked by the brothers and sisters, yes, but more importantly, the I Am Ego of you is going to be asking what you believe now. Who do you believe that you are? You will be tested, because it will take certain courage, certain trust to come to that place where you claim knowing, knowing of Who you are as the I Am Ego that you are, the eternal Ego that is even beyond time.
- 1997-0613-050 So you have already been tested. You have known being tested in this lifetime. You have known questions. You have known doubts. You have known opportunities for judgment of self and judgment of what you have brought forth as experience. And you have known testing of, "What can I truly believe? What is eternal?" And that gives rise to mistrust.
- 1997-0613-051 But the feeling of, "I do not want to be misled," what voice is that? The separated ego, yes, that says that you could be misled. Separated ego will speak to you most subtly and sometimes most intensely. Separated ego will allow you opportunity to be in a space of great confusion, not knowing which way to turn or what to choose. For separated ego will say, "Well, if you choose A, perhaps B is the right choice. And if you choose B, perhaps A was the right choice."
- 1997-0613-052 You have played that game. You know that feeling. You feel as the ball of the ping pong game. You are going back and forth, and the paddle is the separated

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ego playing with itself back and forth. You get battered around a bit until finally you say, "Hey, this is my game," and you take control once again.

- 1997-0613-053 Separated ego has come with a belief in identity, specific identity of what you see as your creation and what you see as being separate from yourself.
- 1997-0613-054 When first we sought to bring forth this reality and to bring forth in concert with the energy that is most alive now in this day and time of our holy Mother, the Earth, we knew the I Am presence. We knew the I Am Ego. We knew the energy fields as we saw ourselves to be the Light beings, the Light that danced upon the firmament. We knew the consciousness that was created and we knew that we were here as great gods bringing forth this reality. We knew that we were also present in other realities, being creative in those realities as well.
- 1997-0613-055 But through certain choice to be in specific identification with density, there has come a narrowing of the focus of who the holy Child has thought itself to be and what it has thought itself to be, to the place where you now have as collective belief that this is who I am. I activate this body. I have certain personality. I have certain credentials, certain experience, and when ones will ask you who you are, you start with certain names and then you will say, "I live in a certain place. I work at a certain place. I have a family that is..." and you start to define yourself by the box, the labeling that you have accepted so far in this lifetime.
- 1997-0613-056 And yet there is a still small voice that, even as you are defining yourself, keeps suggesting to you, "I am this and more." And if I claim the "and more", if I say to the brothers and sisters, "I am all of this and I am more," separated ego says, "What will they think of me? They will think I am arrogant. If I say I am my Father's holy Child and I am creative, that I am love personified, they will say, 'Well, she/he certainly has an inflated understanding picture of herself/himself. Who does she/he think she/he is?' They will think that I am a bit strange." That is separated ego speaking.
- 1997-0613-057 It is time now, beloved ones, to claim the I Am Ego. It is time to claim, "I am William of Shelton. I have certain credentials. I have experience in this lifetime. I have a wealth of experience in this lifetime. I have family. I have extended family, and I am all of this and more. I am my Father's holy Child in whom He is well pleased. I am love personified. I walk this Earth because I choose to walk this Earth, and I walk it in joy because every day is a grand gift that I give to myself."
- 1997-0613-058 It is time to claim the I Am Ego. It is time to speak it to the brothers and sisters. You may start with a smaller version of that if you wish, a bit like putting the toe in the water. But do not stop with the toe. Say, "I am all of this and more, and so are you. We are here for a purpose."

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- 1997-0613-059 Now, brothers and sisters know that they are here for a purpose, but they may not know what the purpose is. Along with the very deep longing that is within all of the brothers and sisters, the longing to come beyond separated ego, there is a feeling that, "I am here for a purpose." Most times the purpose will be defined by the career, the employment that they seek, most times by the avenue of service that they choose or see thrust upon them. For many of them will say, "Well, I didn't have a choice. In my family we have always been X, Y, and Z, and I was expected to be X, Y, and Z."
- 1997-0613-060 Or, "I went through a certain number of grades in school and trained to be.... When I came from that school, there was one job offer and I took it, and I've been there until now. They are giving me my gold watch. Was I happy in that job? Not especially, but it was the only thing I knew to do."
- 1997-0613-061 All of the brothers and sisters have a longing. All of the brothers and sisters feel there is purpose, some reason, and many of the them will release the body in a feeling of disappointment, in a feeling of not knowing what their purpose was; a feeling of unfulfillment. All of you have lived lifetimes where you have released the body and said, "I know that there is yet a small piece of something that I didn't find in this lifetime." So you have said, "Okay, one more time with feeling. I will try this one more time with certain changes, and I will find that elusive peace that I didn't find." So you have come and played again. You have played the script. You have exchanged the scripts upon the stage and said, "Perhaps if I play this script, I'll find that peace that will fill in the emptiness inside."
- 1997-0613-062 Separated ego is the voice that speaks to you that there could be emptiness. True Ego is already fulfilled. It is already all that there is and will ever be. And that, beloved ones, is the purpose of why you have come once again even into this lifetime to experience and to express. It is to come past the belief in separated ego to the claiming and knowing once again that, "I and my Father are One. I Am That I Am. I Am All."
- 1997-0613-063 Now, how do you do this? You practice. You recognize the voice of separated ego when it speaks to you. You have an awareness of what the separated ego sounds like, and when it speaks to you, you do not judge. You do not hold yourself in a place of guilt and you do not go through all of the contortions that you know so well in trying to get out from underneath the possible guilt.
- 1997-0613-064 In truth, separated ego doesn't care whether you feel guilt or not. You are the ones who then take it a step farther and say, "Oh, I must feel guilty for this, and now I must get that guilt off my back because it doesn't feel good." And you are the ones then who go through all kinds of contortions to get out from underneath imagined guilt.

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- 1997-0613-065 Separated ego stands ready to give you the next message. In truth, it does not care what you do with the message but stands ready to give you the next message, and even the message of the guilt is showing you where you stand in that moment with your belief about who you are.
- 1997-0613-066 You recognize the voice of separated ego and do not judge. You love even the voice of separated ego and say, "It has served me in the adventure. It has served me because I asked it to be upon my stage. Now I will play an improv. I will play a new script. I will play with how it feels to go beyond separated ego and say, "Why, I see now I have brought this forth not for the purpose of judging myself, not for the purpose of heaping guilt upon my shoulders or anyone else's shoulders, but I have brought it forth in order to show myself how creative, how powerful I am."
- 1997-0613-067 When you have the willingness to move beyond the habitual response to separated ego, you begin to claim your true power. You begin to move into the space of knowing who you have always been and who you will always be.
- 1997-0613-068 Recognize the voice of separated ego. Thank it and then play with how it feels to be One with whatever you are contemplating in the moment. Allow yourself time in every day, five minutes, and longer if it feels good, but five minutes to become One with whatever you see in front of you.
- 1997-0613-069 If you hold a cup in your hand, allow yourself communion with that cup. Contemplate it. Look upon it. See first of all the shape of it. See the texture of it. See the color. See the form. Acknowledge that it has density of form.
- 1997-0613-070 Then allow yourself the physical eyes that soften, that become a bit unfocused, relaxed, expanded, if you will, at ease, and look upon the object with the eyes that are soft. You will behold it slightly differently. Then allow yourself to know the energy field that is around that cup.
- 1997-0613-071 For the cup is not an inanimate object. The cup is energy brought into density of form to serve you, brought into density of form by you, and it is energy the same as you. Allow yourself to see the energy of that cup. Allow yourself to feel, if you are holding it, to feel the energy; to feel the energy of the body as it holds the cup; to feel the energy of the cup itself.
- 1997-0613-072 If you allow yourself the space of peace and you are willing to claim Oneness with whatever you behold, you will feel the energy of that object to the place where you will not know the ending of the hand that holds it. You are the beginning of the object.
- 1997-0613-073 You will feel yourself immersed in the pulsating energy that a moment or so ago seemed to be separate from you. Practice. Play with it. Allow yourself to know

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Oneness with any object, to hold it if that is appropriate. If not, look upon it to the place where the self of you dissolves into the object.

- 1997-0613-074 If you choose something that is a bit too large to hold, such as the keyboard there, you are not going to pick that up and hold it in your hands. There are some, I suppose, who would do that, but you don't need to.
- 1997-0613-075 But allow yourself in the contemplation of it to know Oneness with the energy of that musical instrument. Feel yourself to blend into it to the place where you lose, momentarily, the sense of separateness. Allow yourself to know Oneness.
- 1997-0613-076 If there is a part of the body that you would know wholeness with, allow yourself to know Oneness with it. Know, visualize, feel the energy of that part of the body. Allow yourself to be immersed in the energy of that area of the body; no separation.
- 1997-0613-077 That is where healing comes from. It is knowing the wholeness of one. The ones who were healed by me in my ministry, and healed by the disciples, had great faith. They knew that the healing could happen and they claimed Oneness, they claimed wholeness. They had great faith. They saw me and the disciples as great miracle workers, and they knew beyond the shadow of a doubt that I could heal them. This is what they believed. And if they could get close enough to touch the hem of my robe, that would be enough to feel Oneness with my energy, and there would be healing.
- 1997-0613-078 Now, in truth, beloved ones, if you will receive it, I healed no one. They claimed their wholeness because of their faith, because they knew they would be healed. And in that moment there was no thought of separation, no thought of disease, no thought of even separation from the wholeness of the body. In that moment of instant healing they claimed Oneness with their holiness and with their wholeness, and instantly it was done unto them as they believed. They went beyond separated ego.
- 1997-0613-079 Now, if you find yourself working with a condition of the body and you still hear the voice of separated ego, do not judge self. Say, "Well, this is one more time again; I will practice, I will know Oneness. I will ask, 'What is the holy vision?'" In other words, what is the whole picture of this. Because every condition of the body that you bring forth, you have brought it forth for a reason, for a purpose, for a gift. You may look upon small understandings, small vision and say, "How stupid I must be. How lacking I am. I would be a healer. I would be healer to myself as I have been to others. Why can I not know healing immediately?" And separated ego, most happy to be your servant, comes and says, "Well, you thought you were so wonderful. Hmm. How come it hasn't happened already?"
- 1997-0613-080 You have heard that voice many times. There is often reason for the time interval for ones with whom you will have contact, interaction, that you would not have

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met if you had not made reason to go and see them, had not made reason to be in their presence for a word, for an idea, for an extension of love just to be together, even if you do not know consciously in that moment what it is all about. It does not matter. There is a reason that you have come into each other's presence.

- 1997-0613-081 If the time interval seems to be extended longer than what you would choose, be patient. Claim the all-knowingness that goes beyond time and say, "What the heck. I know there is a reason for all of this. It will serve me well and it will serve the brothers and sisters well," and that is true. For oftentimes you will experience certain diseasements of the body not only for what you are experiencing, but also as a gift to others in what you call your future.
- 1997-0613-082 For you will share with ones who are in the throes of, "Oh, my God, how I suffer and how bad I am. What have I done to bring this upon myself? And what am I going to do about this condition?" And you, because you have been there, will say unto them, "Peace, be still. My peace I give unto you; not as the world gives, but my peace, because I have been where you are now and I know the peace that transcends all of the world's worries. I know the peace that sustains. That peace I give to you."
- 1997-0613-083 And in truth, beloved ones, that peace is the greatest gift that you can accept, that you can give, but more than that, accept in this lifetime. For that peace is Home. That peace is from the I Am Ego. That peace is why you are here living this life. That peace is what you desire. It is beyond any price of the world.
- 1997-0613-084 And you will bring about, you and the brothers and sisters, all manner of adventure and experience so that you can come once again to the place of claiming the peace of the I Am. That is what it is all about.
- 1997-0613-085 So when you bring forth what seems to be trials and tribulation, give great thanks for what you have brought forth. Now, separated ego will not speak in great thanks, but the I Am Ego does.
- 1997-0613-086 When you bring forth all manner of tribulation, challenge, give great thanks, for it is that very motivating factor that will propel you into claiming the peace that goes beyond the understanding of the world.
- 1997-0613-087 In that place of peace, does the separated ego still come? Yes, as you allow it to. In other words, it will come to the threshold and say, "Will you invite me in?" And if you desire to play with it, it will come in, but the I Am peace is your true nature, and it goes beyond any of the tribulations, any of the messages of the separated ego. It is the gift that you give yourself even in this lifetime.
- 1997-0613-088 Then from that place of knowing the peace of the I Am Ego, what more is there left to do? What else do you have to satisfy in order to be good enough to know

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yourself already at Home? Nothing. Nothing remains. When you are in that place of the I Am peace, nothing more need be done. Then what does the holy Child do? She goes about with a light foot and a light heart and gives forth the joy that is her true nature, as the bubbles of the champagne. Because you cannot help but be joyful. You are Home free.

- 1997-0613-089 That is why your language is so wonderful. You have that saying about being home free. Always you are home free as you will claim it. It is separated ego that would speak to you that you have a price to pay, that there is yet something that you must do in order to be worthy, that there is some original sin that must be atoned for.
- 1997-0613-090 Well, as we have spoken previously, there is an original sin and it must be atoned for, but it is only the sin of the belief that you would somehow play in separation, and it is atoned for in the moment of knowing and claiming I am One already with my Father. I am at One. That is the atonement; not to be done in great remorse, not to have to pay back awful karma. Karma is cancelled out in an instant as you claim the atonement that says, "I and the Father are One. I would not be if I were not already One with my Father."
- 1997-0613-091 This is the truth of your being. You would not Be if you were not One already with the Father. You would not Be. Therefore, the original sin was the first thought that perhaps you could be separate. And the atonement happens in an instant when you say, "Father, I will arise up now and claim what I have always been. I will claim my Oneness with You." And the I Am Ego knows itself then to be what it has always been: holy, true, and perfect.
- 1997-0613-092 The separated ego will be your plaything yet for a brief period of time in this reality, but you will look upon it with new eyes, for you will look upon it as a plaything; not as a power over you, not even as a power that could trip you up, that would be lurking somewhere in a corner, but as a plaything. And the power that you have attributed to it will diminish until it becomes as the small Teddy bear; not as the great ogre that would be threatening, but as the small Teddy bear. You may play with it, or you may leave it in the playroom and go on to other things.
- 1997-0613-093 And when I say that, I do not mean the releasement of the body unless you choose releasement of the body. When I say to leave it in the playroom and go on to other things, I do not mean that you would necessarily choose to release the body. But you will choose to play with other playthings that reflect to you and to the brothers and sisters the truth of your being, the truth of the joy of the holy Child at play.
- 1997-0613-094 You will still activate the body as long as you want to. There is nothing wrong with the body and nothing sinful with the body. But you will be in great joy

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activating the body if you so choose to still activate it. And there will be playthings and playmates to play with, ones who are awakening to their holiness and to their power as the creative ones who want to walk this path, even in this reality, in joy.

- 1997-0613-095 You will find, as you are beginning to find, that life does not have to be a struggle. That has been a collective belief that you have bought throughout many lifetimes and have paid dearly for it. But life does not have to be a struggle. Life can be happy, joyful, and joyous. You can do in the daily activity what brings you joy, what feels like heaven, and what feels easy.
- 1997-0613-096 When you choose for that, then you have chosen to know the true Ego of you. Every day you have power to choose. Every moment you have power to choose. Choose you well, for you are the one who then lives in the next moment with your choice.
- 1997-0613-097 In truth, it matters not beyond the adventure. But within the adventure it matters a whole lot to you. Choose to live in peace. Choose to live in the I Am. Choose to live in Oneness with all that you behold, with everyone whom you behold, and speak in the inner dialogue with the ones who have released the body, with the ones that you would call angels and saints. For their energy is not gone from you, cannot be gone from you. Claim it. Know it. Speak and receive and trust.
- 1997-0613-098 If you have faith and trust even the size of the small mustard seed, what you will know and what you will ask for will instantly manifest even before the physical eyes. If you have but the faith as small as a grain of mustard seed and you know in your heart Who you are, the I Am Ego, if you will ask of your great mountain that it be at peace with itself, it will be at peace with itself.
- 1997-0613-099 There is much talk that I have heard, much concern and worryment as to what will happen with your great mountains, a lot of conjecture that has come from separated ego and the fear, a lot of conjecture that does not know the power of the I Am presence.
- 1997-0613-100 If you have but the faith, small as the tiniest seed, and you know that you are One with all of your creations, and you speak to the great mountain to be at peace, and you are at peace yourself, there will reign peace.
- 1997-0613-101 If you are in a place of listening to separated ego, in a place of great agitation and fear, and you focus upon the fear and the what if and the what if and the what if, and you speak those words to your mountain, in time the mountain will respond in kind and there will be brothers and sisters who will bring forth for themselves the reality that they have feared, because they have lived in that energy and they have spoken those words to the mountain.

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- 1997-0613-102 Now, will that be in your reality? No. It need not be. As you are in your place of peace and you speak peace to the mountain, what you will see will be peace. It will be all in divine order and you need not worry.
- 1997-0613-103 So when ones speak to you that there could be a possibility that any of your great mountains will bring forth devastation, you may say to them, "That is a possibility within certain belief, certain reality, but within my belief I know, I know that there reigns peace, that there is peace. I am the presence of peace, and where I go, there is peace."
- 1997-0613-104 When you speak words such as that, you allow the brothers and sisters to have a glimpse, an opportunity to glimpse the I Am Ego that is above and beyond the separated ego of the world. You give them opportunity. All of you know that you are teachers. All of you are teachers as you walk the face of our holy Mother, the Earth.
- 1997-0613-105 What you claim for yourself and have courage to claim speaks loudly to the brothers and sisters. Speak to them from the place of true Ego. Give them the gift of that opportunity to know true Ego, and great will be the joy that reigns upon this plane.
- 1997-0613-106 Now would be a good time to have a bit of the exercise of the body, a break as it is called, to refresh the body, and then in what you see as twelve minutes of your timing, we will reconvene and play with the questions.
- 1997-0613-107 So be it.
- 1997-0613-108 {Break}
- 1997-0613-109 First of all, you have heard the voice of separated ego. Separated ego is very much present in this room as you are having your break, and also there were the choices for the true Ego. There were times when you allowed all of the boundaries of the small self to be dissolved for an instant as you looked into the eyes of another one and you knew you could trust them. In truth, you knew you could trust yourself. And in that moment you claimed the I Am presence. You are to be commended.
- 1997-0613-110 The separated ego is in its last ditch battle because you have ordained that you will come to the place of claiming the true Ego, the I Am Ego, but you have also ordained that the path is going to be one of two steps forward and one step back and that the separated ego is going to be your companion for yet awhile, and that is okay.
- 1997-0613-111 What is important is to recognize the voice of the separated ego and to be at peace with it; not to be doing battle with it, for that only keeps it, prolongs it. But if you desire to be in battlement with it, then go for it.
- 1997-0613-112 *Love it to death.*

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1997-0613-113 Exactly, which in truth is what you are doing. You are loving the separated ego to the place of its non-existence; in other words, to the place where you will say, "Oh, it's been part of the journey, part of what I asked to be companion on this journey. But, you know, it has no reality in my true Reality." And you will have loved it to its non-existence, which is where it is in truth anyway. But meantime, be okay with it.